

Sikkim Public Service Commission

Main Written Examination for the Post of Ward Master under Sikkim State
Subordinate Allied and Healthcare Service

PAPER - II

Time allowed: 3.00 Hrs

Maximum Marks: 100

INSTRUCTIONS TO CANDIDATES

Read the instructions carefully before answering the questions: -

1. IMMEDIATELY AFTER THE COMMENCEMENT OF THE EXAMINATION, YOU SHOULD CHECK THAT THIS BOOKLET DOES NOT HAVE ANY UNPRINTED OR TORN OR MISSING PAGES OR ITEMS ETC. IF SO, GET IT REPLACED BY A COMPLETE TEST BOOKLET.
2. Use only Black Ball Point Pen to fill the OMR Sheet.
3. Do not write anything else on the OMR Answer Sheet except the required information.
4. This Test Booklet contains 50 questions in MCQ Mode in Part I to be marked in OMR Sheet. Part II and Part III are Subjective Questions which have to be written on separate answer sheet provided to you.
5. Before you proceed to mark in the Answer Sheet (OMR), you have to fill in some particulars in the Answer Sheet (OMR) as per given instructions.
6. After you have completed filling in all your responses on the Answer Sheet (OMR) and the examination has concluded, you should hand over the Answer Sheet (OMR) and separate answer sheet to the Invigilator only. You are permitted to take with you the Test Booklet.

7. Marking Scheme

THERE WILL BE NEGATIVE MARKING FOR WRONG ANSWERS MARKED BY A CANDIDATE IN THE OBJECTIVE TYPE QUESTION PAPERS

- i. There are four alternatives for the answer to every question. For each question for which a wrong answer has been given by the candidate, one-third of the marks assigned to the question will be deducted as penalty.
- ii. If a candidate gives more than one answer, it will be treated as a wrong answer even if one of the given answers happens to be correct and there will be same penalty as above to the question.
- iii. If a question is left blank. i.e., no answer is given by the candidate, there will be no penalty for that question.

DO NOT OPEN THIS TEST BOOKLET UNTIL YOU ARE ASKED TO DO SO

PART -I

Choose the correct answer for the following questions:

(1x50=50)

1. What are the colors of bin for plastic wastes?

- A. Green
- B. Black
- C. Red
- D. Yellow

2. What should be the first work done by any worker in ward/unit of hospitals at the start of shift?

- A. Takeover
- B. Wash hands
- C. Cleaning
- D. Helping patient

3.What is the most important thing to avoid infection in theOperation Theatre?

- A. Work carefully.
- B. Doors should be closed during surgery.
- C. Always go inside with OT dress.
- D. Hand washing at entry and whenever needed.

4. You are going to shift Patient tothe OT. Plan the work written below in sequence of doing:

- 1) Help in changing the clothes of patient
- 2) Remove ornaments if any
- 3) Shift patient on trolley
- 4) Secure all the glucose lines with tubing like urine pipes

- A) 3,4,1,2
- B) 4,3,2,1
- C) 1,2,3,4
- D) 2,1,3,4

5.While disinfecting/cleaning a unit with four beds. How many minimum rinses you will do of mop in disinfectant?

- A. One
- B. Two
- C. Three
- D. Four

6. A patient just got discharged. You are going to disinfect/clean the room using mop. What area will you do first? Make correct sequence:

- 1) Bed mattress
- 2) Monitor
- 3) IV stand
- 4) Chair

- A) 1,4,3,2
- B) 2,1,4,3
- C) 4,3,2,1
- D) 3,1,2,4

7. While transporting blood samples to lab where should you place the forms?

- A) Each form wrapped with its sample.
- B) Keep the form under the sample.
- C) Forms given code and handled separately.
- D) Forms memorized and kept in pocket.

8. What is color code for hospital general waste?

- A) Blue
- B) Black
- C) Red
- D) Yellow

9. Contents of yellow color waste

- A) Spoiled dressing.
- B) Used Syringes.
- C) Wrapper of medicines.
- D) Injection vials.

10. What chemical should be used for treatment of blood spillage?

- A) 1% Hypochloride solution.
- B) Cidex
- C) Savlon
- D) Phenol

11. After termination of procedure the articles used should be:

- A) Washed and kept in designed tray.
- B) Keep it as it is (No need to wash)
- C) Don't bother about it.
- D) Tell user to keep it back.

12. In ICU setting monitor,ventilator,patient's bed and patient's locker should be cleaned with:

- A) Dry mop
- B) Wet mop/Disinfectant
- C) Vacuum cleaner
- D) Broomstick

13. After discharge of MLC patient

- A) HA should take the file for no dues.
- B) Give the file to patient's relative to set no dues cleared.
- C) Due to busy schedule give the file to your friend for no dues.
- D) Submit the file at no dues counter and come back.

14. How many steps are for hand washing/hygiene?

- A) 2
- B) 4
- C) 6
- D) 5

15. While shifting the intubated patient to OT

- A) Head of trolley should be raised upto 30-45° angle.
- B) Patient should lie on flat surface.
- C) Patient should be in left lateral position.
- D) Patientshould be in sitting position.

16. After needle stick injury what precaution should be taken?

- A) Wash hands under running water and see the doctor.
- B) Squeeze the blood and wash the hand.
- C) Wipe the blood and apply dressing over it.
- D) Put your finger in your mouth to stop the blood.

17. What is size of droplet nuclei?

- A) 1-5 microns
- B) > 5 microns
- C) 5-10 microns
- D) > 10 microns

18. N 95 mask should be used only when treated/attending

- A) T.B.
- B) Chicken pox
- C) Hepatitis B
- D) A and B

19. Cotton should be discarded in: -

- A) Black bin
- B) Green bin
- C) Yellow bin
- D) Red bin

20. Used mask and cap should be discarded in:

- A) Black bin
- B) Blue bin
- C) Yellow bin
- D) Red bin

21. Name the instrument used for checking blood pressure?

- A) Thermometer
- B) Sphygmomanometer
- C) Glucometer
- D) Laryngoscope

22. Carbolic acid is liquidified by: ____

- A) Immersing the bottle in warm water.
- B) Put hot water in bottle.
- C) Put warm water in bottle.
- D) Keep the bottle on heater.

23. Which chemical is added to drinking water supply?

- A) Chlorine
- B) Fluorine
- C) Sodium
- D) Calcium

24. All infected linen should be dipped in disinfectant for

- A) Half an hour
- B) One hour
- C) Six hours
- D) Twenty-four hours

25. Find the missing alphabet DISP_NS_RY

- A. E, A
- B. A, E
- C. E, O
- D. A, O

26. Who is most important person in a hospital?

- A. Head of Department
- B. Doctor
- C. Patient
- D. Nurse

27. What is the best way to handle a patient who is very anxious and asking same question again and again about way of X-Ray room?

- A. Ignore him
- B. Clear doubt every time patiently
- C. Take him to the place
- D. Make a rough map for him on a paper with main landmark

28. While disinfecting/cleaning a unit with four beds. How many minimum rinses you will do of mop in disinfectant?

- A. One
- B. Two
- C. Three
- D. Four

29. You are in a great hurry as you are getting late for duty. A person comes to you and ask for some address of lab. What should be your priority?

- A. Give some time to person and guide properly.
- B. Ask him to go to enquiry.
- C. Tell him that, I do not have time as I am getting late for my work.
- D. Don't answer him.

30. To collect the diet of patient from kitchen

- A. Carry utensil to kitchen with help of your friend
- B. Wash utensils with lukewarm water and keep them on trolley to kitchen.
- C. Rinse the utensils after throwing left over feed and get another fresh feed.
- D. No need to wash utensils.

31. While going for food or distributing food to patient the hands should be cleaned with:

- A. Sanitizer
- B. Simple water
- C. Soap and water
- D. Chemical solution

32. Leftover food should be discarded in:

- A. Black bin
- B. Green bin
- C. Yellow bin
- D. Red bin

33. Emergency dial number for fire control

- A. 100
- B. 101
- C. 102
- D. 103

34. While doing dusting one should wear:

- A. Cap
- B. Mask
- C. Gown
- D. Gloves

35. Dusting /Mopping is to be done:

- A. Before dressing
- B. After dressing
- C. During dressing
- D. In between dressing

36. When a patient has left-sided weakness, what part of a sweater is put on first?

- A. Both sleeves
- B. Left sleeve
- C. Client's choice
- D. Right sleeve

37. It is appropriate to share the information regarding a patient's status with:

- A. any one you see fit
- B. the patient's family members
- C. the patient's roommate
- D. the staff on the next shift

38. When helping a patient who is recovering from a stroke to walk, you should assist:

- A. on his strong side
- B. on his weak side
- C. from behind him
- D. with a wheelchair

39. The purpose for padding side rails on the patient's bed is to:

- A. use them as a restraint
- B. have a place to connect the call signal
- C. protect him from injury
- D. keep the client warm

40. To avoid pulling the catheter when turning a male patient, the catheter tube must be taped to his:

- A. bed sheet
- B. upper thigh
- C. bed frame
- D. hip

41. It is a MUST to wear gloves when:

- A. feeding a patient
- B. doing peri-care
- C. giving a back rub
- D. doing range of motion

42. When getting ready to dress a patient, you should:

- A. get the first clothes you can reach in the closet
- B. Give the patient a choice of what to wear
- C. use the clothes the patient wore the day before
- D. choose clothes that you personally like

43. If you discover fire in the patient's room, the FIRST thing do is:

- A. call the nurse in charge
- B. try to put out the fire
- C. open a window
- D. remove the patient

44. To prevent dehydration of the patient,

- A. offer fluids frequently while the patient is awake
- B. wake the patient hourly during the night to offer fluids
- C. give the patient frequent baths
- D. feed the patient salty food to increase thirst

45. When transferring a patient, most of his weight should be supported by your

- A. back
- B. shoulders
- C. legs
- D. wrists

46. World Health Day is on _____

- A. May 12th
- B. April 7th
- C. April 30th
- D. December 18th

47. The blood group contain no antibodies:

- (a) A
- (b) B
- (c) O
- (d) AB

48. One teaspoon contains _____ ml

- (a) 2ml
- (b) 5ml
- (c) 10ml
- (d) 15ml

49. One ml contains _____ drops

- (a) 5 drops
- (b) 10 drops
- (c) 15 drops
- (d) 20 drops

50. Before taking the oral temperature of a patient who has just finished a cold drink, the you should wait:

- (A) 10 to 20 minutes
- (B) 25 to 35 minutes
- (C) 45 to 55 minutes
- (D) at least 1 hour

PART - II

Write short notes on ANY FOUR of the following:

(5x4= 20)

1. Handling of bio medical waste
2. Blood spillage management
3. What are the different types of disinfectant used in hospital?
4. Short note on universal precaution
5. What do you mean by terminal cleaning?
6. What do you mean by high touch areas?

PART - III

Attempt ANY TWO of the following questions:

(15x2= 30)

1. What is the job responsibility of HA?
 2. How to manage needle stick injury?
 3. Immunization who and when
 4. What all points you should keep in mind while talking to patient and patient attendant?
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